

1 **ABSTRACT OF THE DISCLOSURE**

2 An adjustable hiking stick includes a telescopic tube having multiple
3 interconnected sections. Adjacent sections connect at a joint, and the joint
4 includes an end sleeve, a slide limit device, an inside section and an outside
5 section. The outside section has an outside end and an interior surface. The
6 inside section is slidably extended into the outside section and has an inside end
7 and an exterior surface. The end sleeve is attached to the outside end of the
8 outside section and has an annular lip. The slide limit device can be ribs, rings or
9 the like that protruded from the exterior surface of the inside section and is
10 formed adjacent to the inside end of the inside section. The slide limit device will
11 abut the annular lip and keep the inside section from being pulled completely out
12 of the outside section when the inside section is adjusted.